



IBUKA!



tekereza



imiti myins



icyo umun

IBYO ABANTU BEMENZA KU MITI



igihe wumvise abantu bemeza ikintu ku mikorere y'umuti runaka, buri gihe ubaza uti:

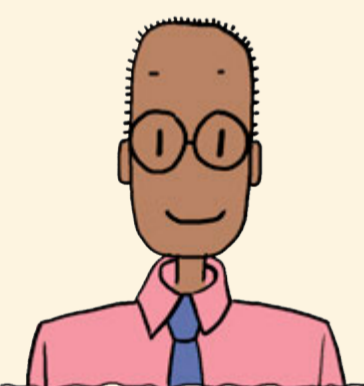
ni irihe shingiro ry'ibyo mwemeza?

iyo ibyo bemeza bifite ishingiro ribi, ntibiba byizewe

ibi bikurikira ni impamvu mbi abantu bashingiraho bemeza imikorere y'u:

1. ubunararibonye bwihariye bw'umuntu mu gukoresha umuti runaka
2. igihe umuti umaze ukoresha cyangwa umubare w'abantu bawukoresheje
3. ikiguzi cy'umuti cyangwa kuba ari mushyashya
4. kuba ucuruza uwo muti yagize icyo awuvugaho
5. kuba inzobere hari icyo ivuga ku muti, iyo kidashingiye ku igereranyaritabogamye

IGERERANYA RY'IMITI



iyo ishingiro ry'ibyo abantu bemeza ari ryiza, ibyo bemeza biba byizewe

igereranya ritabogama ni ishingiro ryiza ryo kwemeza imikorere y'imiti

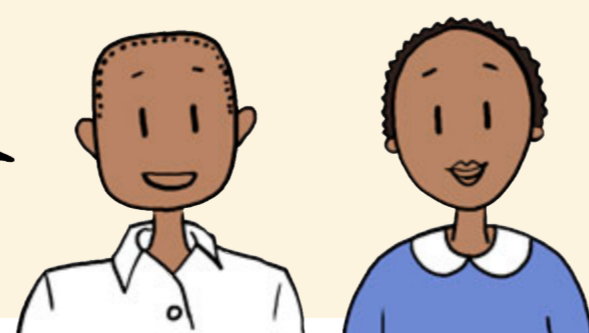
uku niko abashakashatsi mu by'ubuzima bakora igereranya ritabogama:

1. bagereranya umuti umwe n'undi muti cyangwa kutagira umuti umuntu afata
2. bahitamo abafata umuti runaka bakoresheje tombola (nko gutera igiceri hejuru)
3. ntibatuma hari umenya umuti runaka umuntu yahawe kugeza barangije
4. batanga umuti ku bantu benshi, bigatuma ibyo babona biba atari kubw'amah

AMAHITAMO Y'IMITI

When you choose whether to use a treatment, always ask:

n'izihe ng



ni iki cy'i